Allergy, Asthma & Immunology

A general talk for the public

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- August 2009

Board certified allergist, pollen counter, asthma educator
Common tests in the allergy clinic
• Treatments for allergies include:
  • allergen avoidance
  • use of anti-histamines
• Treatments for allergies include
  • corticosteroid inhaler sprays for the nose.
  • immunotherapy to desensitize.
Common symptoms of allergy

- **Eyes** redness and *itching* of the *conjunctiva* (allergic conjunctivitis)
- **Nose** swelling of the nasal *mucosa* (allergic rhinitis)
- **Sinuses** allergic *sinusitis*
Common symptoms of allergy

- **Airways** Sneezing, coughing, bronchoconstriction, wheezing, sometimes outright attacks of asthma, in severe cases the airway constricts due to swelling known as angioedema
Common symptoms of allergy

- **Ears** feeling of fullness, possibly pain, and impaired hearing due to the lack of eustachian tube drainage.
- **Skin rashes**, such as eczema and hives (urticaria)