

Department of Physical Therapy
University of North Dakota
Pre-PT Student Course Worksheet

Name _____

ID# _____

PHYSICAL THERAPY SCIENCE COURSES	Course Number	Credit Hours	Grade	Date	Notes <small>(incl course equiv if non-UND)</small>
GENERAL BIOLOGY (8 Credit Hours); L	Biol 150 + Lab	3+1			
	Biol 151 + Lab	3+1			
GENERAL CHEMISTRY (8 Credit Hours); Q and L	Chem 121 + Lab	3+1			
	Chem 122 + Lab	3+1			
PHYSICS (8 Credit Hours); Q and L	Phys 161 + Lab	4			
	Phys 162 + Lab	4			
ANATOMY (3 Credit Hours)	Anat 204	3			
PHYSIOLOGY (4 Credit Hours)	PPT 301	4			
GENERAL PSYCHOLOGY (3 Credit Hours)	Psyc 111	3			
DEVELOPMENTAL PSYCHOLOGY (4 Credit Hours)	Psyc 250	4			
ESSENTIAL STUDIES REQUIREMENTS: Areas, Credit Hours, and G or U	Course Number	Credit Hours	Grade	Date	Notes
ARTS AND HUMANITIES (9 Credit Hours): Minimum of 2 departments required -- Within the above requirements, 3 Cr Hrs are to be in Fine Arts and 3 in Humanities.					FA H G or U
					FA H G or U
					FA H G or U
					FA H G or U
SOCIAL SCIENCE (9 Credit Hours) Minimum of 2 departments: General & Developmental Psychology (above) PLUS Abnormal Psychology (pre-PT requirement) PLUS <u>Any</u> Social Science Course	Psyc 111	3			
	Psyc 250	4			
	Psyc 270	3			
					G or U
COMMUNICATION (9 Credit Hours): Composition I Composition II or Tech and Bus Writing Public Speaking	Engl 110	3			
	Engl 120 (125)	3			
	Comm 110	3			
PT 101 (1 Cr Hr) (recommended if attending UND)	PT 101	1			

Essential Studies Web Page: <http://www.und.edu/dept/registrar/EssentialStudies/esindex.html>

Students may choose courses that meet a Special Emphasis and a Breadth of Knowledge or major requirement at the same time.

Check when completed:

Special Emphasis Areas (Minimum Requirements)

Q (Quantitative Reasoning): 3 Cr Hrs: _____

G (Global Diversity): 3 Cr Hrs: _____

U (United States Diversity): 3 Cr Hrs: _____

(Advanced Communication: 3 Cr Hrs to be taken later)

Breadth of Knowledge Areas (Minimum requirements)

Communication: 9 Cr Hrs: _____

Social Sciences: 9 Cr Hrs, 2 departments: _____

Fine Arts & Humanities: 9 Cr Hrs, FA & Hum: _____

Math, Sci & Tech: 9 Cr Hrs, 1 course w lab: _____

90 Credit Hours are required for Admission to the Professional Program

Sample Pre-PT Curriculum											
YR 1 Fall	Cr Hrs	YR 1 Spring	Cr Hrs	YR 2 Fall	Cr Hrs	YR 2 Spring	Cr Hrs	YR 3 Fall	Cr Hrs	YR 3 Spring	Cr Hrs
Biol 150 & L	4	Biol 151 & L	3	Phys 161 & L	4	Phys 162 & L	4	Anat 204	3	PPT 301	4
Comm 110	3	Social Science	3	Chem 121 & L	4	Chem 122 & L	4	Psyc 270	3	Cognate	3
Engl 110	3	Engl 120 (125)	3	Arts & Hum	3	PT 101	1	Cognate	3	Cognate	3
Psyc 111	3	Psyc 250	4	Cognate	3	Cognate	3	Cognate	3	Cognate	3
Arts & Hum	3	Arts & Hum	3			Elective	3	Elective	3	Elective	2
Total:	16	Total:	16	Total	14	Total	15	Total	15	Total	15

In addition to the above requirements, you must complete **one** of the following options prior to entering the professional physical therapy program:

1. Complete a bachelor's **degree**.
2. Complete at least 90 semester credit hours with the equivalent of a **minor** in a selected discipline.
3. Complete at least 90 semester credit hours with a **cognate**, at least 20 hours in one discipline with 8 of those hours at the 300 and/or 400 level(s).

As a student, it is your responsibility to make certain you have completed the pre-physical therapy curriculum, including pre-PT foundational science coursework, the Essential Studies and Breadth of Knowledge requirements, and a degree or 90 semester credit hours with the equivalent of a minor or cognate.

Preference will be given to students who have fulfilled all of the above coursework and the degree or 90 semester credit hours with the equivalent of a minor or cognate by the end of the spring semester in which they are applying.

Work Sheet for Minor or Cognate Courses

1. If you do not have a bachelor's degree prior to entering the professional physical therapy program, you will need at least 90 semester credit hours with the equivalent of a **minor** in a selected discipline **OR** at least 90 semester credit hours with a **cognate** (i.e., at least 20 hours in one discipline with 8 of those hours at the 300 and/or 400 levels).
2. Please use the table below to help identify your courses which fulfill the requirements for the equivalent of a minor or cognate.
3. Department in which you plan to complete the equivalent of a minor or cognate: _____
4. Check one of the following: Equivalent of a Minor Cognate

Name of Course	Department & Course Number	Credit Hours	Enrolled Term	Completed

Observation Hours: In addition to the pre-physical therapy coursework, you will also need to complete at least 60 hours of observation. Forty of those hours must be with a physical therapist. You are responsible for keeping a log of the dates, hours, duties, supervising therapist and facility for your application form.

NOTES: